

# FAMILY SUPPORT NETWORK OF GREATER FORSYTH

June/July 2016



FAMILY SUPPORT  
NETWORK OF GREATER FORSYTH

## ABOUT FSN

The Family Support Network believes that the greatest asset that a child with special needs can have is a strong support system. We strive to strengthen families and to enhance the lives of children with special needs by providing support, education, and caring connections to their families. Our staff are uniquely qualified to help other families, many of them being parents of children with special needs themselves.

For more information on any of these events please call The Family Support Network of Greater Forsyth 336-703-4289 or check out our newly designed website at: [www.FSNgreaterforsyth.com](http://www.FSNgreaterforsyth.com)

## EL GRUPO DE ESPERANZA

Parent group for Spanish speaking families who have children with special needs.

**Change of location for June, July and August** – the group will meet at Polo Park, 1850 Polo Road, Winston-Salem, NC 27106

Monday June 6th, Monday July 11th, and Monday August 8th  
10:30 AM -12:00 PM. RSVP requested.

Please contact Michele Valladares in the Family Support Network offices 336-703-4289 or [micheleFSN@theCFEC.org](mailto:micheleFSN@theCFEC.org).

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The Family Support Network of Greater Forsyth is an outreach program of The Centers for Exceptional Children. Our offices are located in The Special Children's School  
4505 Shattalon Dr., WS, NC 27106 | 336-703-4289

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## FSN LOCAL COLLABORATION TEAM

### 2016 Topic – Access to Disability Services Across the Lifespan

Our next meeting will be **Thursday June 9<sup>th</sup>**, 3:30-5:00 PM. We will have guests from **Riverwood Therapeutic Riding Center** bring their Mobile Education Unit - <http://www.riverwoodtrc.org/MEO.aspx>

On **Thursday July 14<sup>th</sup>**, 3:30-5:00 PM we will be discussing local services for adults with disabilities.

We meet at The Children's Center 2315 Coliseum Drive, WS, NC 27106.

Our group is a community collaborative of agencies, churches and individuals interested in supporting families who have a member with a disability of any age and we welcome guests.

Questions? Call 336-703-4289 or email [ChrisFSN@theCFEC.org](mailto:ChrisFSN@theCFEC.org).



## EXCEPTIONAL FAMILIES MEETING

**Date:** Thursday, June 30th

**Topic:** Benefits of Therapeutic Horseback Riding featuring the Riverwood Mobile Education Unit  
<http://www.riverwoodtrc.org/MEO.aspx>

**Date:** Thursday, July 28th

**Topic:** Vocational Rehabilitation Services - Toni King

We will meet monthly through October at Little Creek Recreation Center (610 Foxcroft Dr. W-S, NC 27103). Dinner at 5:30 PM, meeting 6:00 – 7:30 PM. Childcare will be provided.

*Exceptional Families is a monthly discussion group for parents of children of all ages with special needs. Dinner and childcare provided at no cost with RSVP. Please call 336-703-4289 to register or email [ChrisFSN@theCFEC.org](mailto:ChrisFSN@theCFEC.org).*

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## EXCEPTIONAL PLAY TIME

Meet Family Support Network staff and other exceptional families at Polo Park this summer!

1850 Polo Road, Winston-Salem, NC 27106

Fridays from 9:30-11:00.

DATES: June 24th, July 8th, July 22nd and August 5th

Request a reminder email by sending a note to [JoyFSN@theCFEC.org](mailto:JoyFSN@theCFEC.org) with “Exceptional Play Time” in the subject line.

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## YOUNG LIFE CAPERNAUM CLUB

**Saturday, June 18<sup>th</sup> (movie night) 4:00 – 5:30 PM**

**Saturday, July 16<sup>th</sup> (game night) 4:00 – 5:30 PM**

**YMCA, 3474 Robinhood Rd., Winston-Salem, NC 27106**



This is a specially designed Young Life program for young adults (ages 14-22) with disabilities. This program uses a reverse inclusion model so lots of our typical teen friends come too! Everyone is welcome! Please email [gfcylcapernaum@gmail.com](mailto:gfcylcapernaum@gmail.com) or call **Greater Forsyth County Young Life** office at 336.725.1750 if you have questions. For more information click [HERE](#).

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## GOOD NEWS!

See the results of recent advocacy effort on behalf of medically fragile children. There were more than 400 comments by parents (primarily) and other advocates and the proposed policy changes are being withdrawn! Read about making a difference here - <http://www.ncchild.org/when-government-listens-to-the-people/>.

**\*\*SAVE THE DATES\*\***

## Disability Advocacy Training in Action (DATA)

A FREE series of 8 workshops brought to you by local graduates of “Partners in Policymaking” and The Centers for Exceptional Children. Monthly topics will include:

- History of Disability
- Education
- Service Coordination
- Self Determination
- Federal Legislative Process
- Community Organizing
- Housing and Employment
- State Legislative Process

Sessions will be held on the following Thursdays from 1-5 PM

**2016 Dates:** Sept 15, Oct 20, and Nov 17

**2017 Dates:** January 19, Feb 16, March 16, April 20, and May 18 (Make-up day scheduled for June 15)

Open to self-advocates, parents of children with disabilities, education professionals, lawyers and community partners. To register, please call The Family Support Network of Greater Forsyth at 336-703-4289 or email [ChrisFSN@theCFEC.org](mailto:ChrisFSN@theCFEC.org).

Participants who register will be expected to attend all 8 workshops and credit hours will be offered. Winston-Salem location still to be determined.

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Looking for things to do this summer? Here are a few suggestions...



Wake the World.org hosts an adaptive event in NC - seriously - you do not want to miss this!

**FREE NC Adaptive Ski Event**, June 16-17 - <http://www.waketheworld.org/#!/badin-lake/c1nt8>. Registration required.

**Other events include:**

**FREE Movies** - <http://mpcws.com/3131/Summer-Family-Shows-2016>, Marketplace Cinema in Winston-Salem on Tuesday, Wednesday and Thursday mornings

**FREE Bowling** – <http://www.kidsbowlfree.com/>, High Point Bowling Center is one of the NC locations.

**FREE Concert** – Big Bang Boom! 10:30-11:30 AM, Kernersville Branch Library, 130 E. Mountain Street. For more information call 336-703-2930.



## GERMANTON PARK NOW HAS ACCESSIBLE SWINGS AND A WHEELCHAIR SWING AVAILABLE TO THE PUBLIC.

<http://www.wfmynews2.com/news/local/handicap-accessible-park-opening-in-stokes-county/145505380>

There are also several fenced in playgrounds in Forsyth County including those at Miller Park, Polo Park and Little Creek Recreation Centers.

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## ACCESSIBLE FESTIVAL

Friday, July 15th

The Winston-Salem Transit Authority is proud to present Accessible Festival 2016, Friday, July 15 from 9am – 3pm in the Education Building at the Fairgrounds in Winston-Salem. Now in its 12th year, Accessible Festival is a **FREE** day of fun, fellowship, entertainment, and food for individuals with disabilities and their families.

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## GOOD TO KNOW ABOUT –

### Triad First in Families – do you know about this organization?

Triad First In Families, a chapter of First In Families of North Carolina, helps people with Intellectual and Developmental Disabilities and Traumatic Brain Injuries and their families

1. Believe in their dreams
2. Achieve their goals
3. Give back to others

Can they help you? See more information and find an application on their website at <http://triadfirstinfamilies.webs.com/>.

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## NORTH CAROLINA DRUG CARD

Free, statewide prescription assistance program.

<http://www.northcarolinadrugcard.com/index.php>





## FSN COMMUNITY CORNER

### Looking for these items:

- Adaptive Strollers for older children
- Weighted blankets

### To give away:

- Diapers adult small
- Bath chair
- Platypus home activity chair

If you have something you would like to give to another family or if you are looking for an item, please let us know and we will be happy to share this in our newsletter. Please call 703-4289 for more info or email Chris at [ChrisFSN@theCFEC.org](mailto:ChrisFSN@theCFEC.org).



Be sure to “like” **The Centers for Exceptional Children** on Facebook. FSN regularly posts information and updates.



## FREE TRIPLE P ONLINE PARENTING PROGRAM

A great positive parenting program available to families at no cost!

[Triple P online](#)

## CONNECT WITH THE CFEC

To learn more about The Centers for Exceptional Children, visit our website at [www.thecfec.org](http://www.thecfec.org).



CENTERS  
FOR EXCEPTIONAL CHILDREN

For more information on any of these events please call The Family Support Network of Greater Forsyth at (336) 703-4289 or check out our website at [www.fsngreaterforsyth.com](http://www.fsngreaterforsyth.com)

To receive this monthly newsletter by e-mail, send your request to [ChrisFSN@theCFEC.org](mailto:ChrisFSN@theCFEC.org) and put “FSN news list” in the subject line.

Please include your full name in the e-mail body.

If you wish to unsubscribe at any time put **REMOVE** in the subject line.