

FAMILY SUPPORT NETWORK OF GREATER FORSYTH

May 2016



FAMILY SUPPORT
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ABOUT FSN

The Family Support Network believes that the greatest asset that a child with special needs can have is a strong support system. We strive to strengthen families and to enhance the lives of children with special needs by providing support, education, and caring connections to their families. Our staff are uniquely qualified to help other families, many of them being parents of children with special needs themselves.

For more information on any of these events please call The Family Support Network of Greater Forsyth 336-703-4289 or check out our newly designed website at: www.FSNgreaterforsyth.com



SIBSHOPS ON THE FARM

Sibshops is a support group for kids ages 5 (by the start of school) to 14 who have siblings with special needs.

WHEN: May 13, 2016 6:00-8:30 PM

LOCATION: Please call the office for location and registration information.

There is no charge to attend, but **registration is required**. We have a limited number of spaces so RSVPs are needed. For more information contact the FSN office at 336-703-4289 or email ChrisFSN@theCFEC.org.

The Family Support Network of Greater Forsyth is an outreach program of The Centers for Exceptional Children. Our offices are located in The Special Children's School
4505 Shattalon Dr., WS, NC 27106 | 336-703-4289

EL GRUPO DE ESPERANZA

New group for Spanish speaking families who have children with special needs. Next meeting is Monday, **May 9th** at El Buen Pastor Church 10:30-12:00 - RSVP requested. Please contact Michele Valladares in the Family Support Network offices at 703-4289 or email micheleFSN@thecfec.org.

FSN LOCAL COLLABORATION TEAM

2016 Topic – Access to Disability Services Across the Lifespan

Our next meeting will be **Thursday, May 12th 3:30-5:00** at The Children's Center, 2315 Coliseum Dr., WS, NC 27106. Our group is a community collaborative of agencies, churches and individuals interested in supporting families who have a member with a disability of any age and we welcome guests.

Questions? Call 336-703-4289 or email ChrisFSN@theCFEC.org.



EXCEPTIONAL FAMILIES MEETING

Our next meeting will be on **May 26th**. We will meet monthly through October at Little Creek Recreation Center (610 Foxcroft Dr WS NC 27103).

Topic: Managing Difficult Behaviors - Tricia Gladstone, Behavior Specialist

Dinner at 5:30 PM, meeting 6:00 – 7:30 PM. Childcare will be provided.

Exceptional Families is a monthly discussion group for parents of children of all ages with special needs. Dinner and childcare provided at no cost with RSVP. Please call 336-703-4289 to register or email ChrisFSN@theCFEC.org.

FSN MENTOR PARENT TRAINING

Would you like to learn to support other families?

This training helps to equip parents of children with special needs to reach out and support other parents. Training includes communication and listening skills, understanding the stages of adjustment, confidentiality, local resources and sharing your story. Trainings are offered on an individual basis.

FREE! Please call Chris Gentry at 336-703-4289 or email ChrisFSN@theCFEC.org for more information.

YOUNG LIFE CAPERNAUM CLUB

Saturday, May 21st - 4:00-5:30

YMCA, 3474 Robinhood Rd. 27106



This is a specially designed Young Life program for young adults (ages 14-22) with disabilities. This program uses a reverse inclusion model so lots of our typical teen friends come too! Everyone is welcome! Please email gfcylcapernaum@gmail.com or call **Greater Forsyth County Young Life** office at 336.725.1750 if you have questions. For more information click [HERE](#).



GERMANTON PARK NOW HAS ACCESSIBLE SWINGS AND A WHEELCHAIR SWING AVAILABLE TO THE PUBLIC.

<http://www.wfmynews2.com/news/local/handicap-accessible-park-opening-in-stokes-county/145505380>

MAKE PLANS NOW FOR SUMMER CAMP!

Click [here](#) to view the Family Support Program (UNC Chapel Hill) 2016 Summer Camp Directory for individuals with disabilities.



Imprints Cares is offering a NEW option for summer care for kids with diverse needs. http://imprintscares.org/wp-content/uploads/2015/09/IMPRINTScamp8-5X5-5_Page_1.jpg

Contact Janelle Gibbs 722-6296 x223 or jgibbs@imprintscares.org

CAMP DISCOVERY

The City of Winston Salem Recreation and Parks Department offers a fun camp for individuals with intellectual and physical disabilities between the ages of 8 – 21 during the summer. Camp will run eight weeks, June 20th – August 12th, with structured activities from 9 am – 5 pm, with 8 am as early drop off and 5:30 pm being late pick-up. Registration for this camp will begin April 1st.

Resident's inside city limits, \$50 per week, non-city residents, \$60 per week. Contact Latoya Price at 727-2425 for more information. **There is a \$10/week non-refundable deposit required upon registration**

<http://www.cityofws.org/departments/recreation-parks/special-populations/camp-discovery>

TKD READ - TAEKWONDO READING CAMP

Reading Specialist Marcella Lezine / Clemmons Family Martial Arts
6311 Stadium Drive, Clemmons, NC 27012

TKD Read is a multi-sensory, phonetic, and kinesthetic reading camp for kids who LOVE TO MOVE based on the Orton Gillingham reading approach and Taekwondo! Please call or email with questions, to reserve a spot, and arrange a time to meet: 336-782-6930 or mlezine@outlook.com.

*17 years teaching Reading and Orton Gillingham *Masters in Education *Teacher *Tutor

IBIKE GREENSBORO

iCan Shine is hosting a 5 day bike camp Aug 1-5, 2016 teaching kids with disabilities to ride a bike!

<http://icanshine.org/>



CAMP NEW HOPE (RESPITE FOR FAMILIES)

Located in the beautiful mountains of Ashe County near Boone, North Carolina, Camp New Hope is a privately owned, nonprofit, no-charge facility for families who have children with life-threatening medical conditions.

<http://campnewhopenc.com/>

CAPTURING HOPES RUN

Capturing hopes did our Breakfast with Santa pictures!

Run For NICU Hope 5K

May 8th, Mother's Day at Winston-Salem Fairgrounds

<http://www.capturinghopesphoto.org/5k/>

Registration: <http://jonesracingcompany.com/capturinghopesrun/>

Honor Your Baby at the Race: <http://www.capturinghopesphoto.org/honor-your-baby/>

www.capturinghopesphoto.org



Sunday, May 8th 8:00 am



SOUTHWEST ELEMENTARY SCHOOL'S 5TH ANNUAL LEMONADE STAND

We are hosting a Lemonade Stand and Silent Auction on June 7th from 10:30am-1:00pm outside of the cafeteria at Southwest Elementary School, Clemmons. Lemonade is sold by our EC students in Core 1 & 2 and PK EC 3 & 4. Check out what we are doing to help kids and families affected by childhood cancer!

Did you know over the past 4 years we have raised over \$8,500 to support ALSF?

Lemonade will be sold for 50 cents a cup. You can sponsor online or stop by for a cold cup of lemonade.

<https://www.alexlemonade.org/mypage/1219147>

PARENT DISCUSSION AND SUPPORT AT ICAN HOUSE

Monday, May 16th at 7:00 pm

iCan House, 862 W. 4th St. WS

See [Google Map](#)



FREE!

Join us for casual and meaningful discussion about issues and topics relevant to raising and supporting an adult with communication and social differences. Meet others, learn strategies, and explore resources.

For information call (336) 723-0050 or email info@icanhouse.com.

ADVOCACY EFFORTS NEEDED

Summary of Concerns about DMA's proposal for NC's new CAP waiver:

The NC Division of Medical Assistance (DMA) recently released their proposed changes to the Community Alternatives Program (CAP) waiver policy, which will combine services for both children and adults with disabilities. It is currently under a required public comment period until May 21, 2016. Email comments to: dma.webmedpolicy@dhhs.nc.gov. The complete policy may be found at: <http://dma.ncdhhs.gov/get-involved/proposed-medicaid-and-nc-health-choice-policies>.

What are some things we can we do?

- Be informed about what these cuts mean to families.
- For those who have Facebook, request to join the group “**Advocates for Medically Fragile Children of North Carolina**”. This page was created to organize the effort to fight these cuts and contains a lot of helpful information & detailed advocacy efforts: <https://www.facebook.com/groups/1715003192102800/files/>
- Hashtag is: #protectNCfragilekids
- For those who have Twitter, follow the same group there and retweet posts, etc. @fragilekidsNC
- Send comments to DMA via their website given above or by email at: dma.webmedpolicy@dhhs.nc.gov. Public comment is only available until May 21st.

Be the Spark. Ignite a Reader.

You'll kindle new friendships along the way.

Tutor a struggling reader this year, and find other like-minded people in our community who believe in both the power and joy of reading. Join the over 150 Augustine Tutors in our community who are changing children's lives, one lesson at a time. The Augustine Literacy Project® will train and support you, giving you and your students the tools for success.



Join us for Coffee & Conversation to learn more!

Thursday, April 7, 2016 9:30 - 11:00 a.m.

Polo Park Recreation Center - 1850 Polo Rd - Winston-Salem

Tuesday, April 26 2016 9:30 - 11:00 a.m.

William G. White, Jr. YMCA - 775 West End Blvd - Winston-Salem

Tuesday, May 17, 2016 9:30 - 11:00 a.m.

Carl Russell Recreation Center - 3521 Carver School Rd - WS

RSVP required: (336) 723-4391 ext 1506 or pam@readws.org

FALL 2016 TRAINING SESSIONS

September 19 - 23, 2016

(Mon - Fri, 8:30 a.m. - 2:30 p.m.)

OR

October 13 - 17, 2016

(evening & weekend)

For information only. This is not a program of Winston-Salem/Forsyth County Schools. It is not endorsed or supported by the school system.

Join us at the Kernersville
Family YMCA for...



CHAMPIONS DAY



**A Special event for families
who have children with
special needs.**

Kernersville Family YMCA
1113 West Mountain St.
Kernersville, NC 27284

Phone: 336-996-2231
Fax: 336-996-8605
Contact:
Erin Hight-
e.hight@ymcanwnc.org
John Joncazk-
j.joncazk@ymcanwnc.org

**Enjoy exclusive outdoor pool
time from 1:00pm-4:00pm on
Sunday, May 22, 2016.
Admission and food will be
provided free of charge**



FSN COMMUNITY CORNER

Looking for these items:

- Protective helmet size Medium
- Knee and elbow pads for a 2 year old
- Adaptive Stroller for older children

To give away:

- Diapers size L-XL 70+ lbs

If you have something you would like to give to another family or if you are looking for an item, please let us know and we will be happy to share this in our newsletter. Please call 703-4289 for more info or email Chris at ChrisFSN@theCFEC.org.



Be sure to “like” **The Centers for Exceptional Children** on Facebook. FSN regularly posts information and updates.



FREE TRIPLE P ONLINE PARENTING PROGRAM

A great positive parenting program available to families at no cost!

[Triple P online](#)

CONNECT WITH THE CFEC

To learn more about The Centers for Exceptional Children, visit our website at www.thecfec.org.



CENTERS
FOR EXCEPTIONAL CHILDREN

For more information on any of these events please call The Family Support Network of Greater Forsyth at (336) 703-4289 or check out our website at www.fsngreaterforsyth.com

To receive this monthly newsletter by e-mail, send your request to ChrisFSN@theCFEC.org and put “FSN news list” in the subject line.

Please include your full name in the e-mail body.

If you wish to unsubscribe at any time put **REMOVE** in the subject line.