

FAMILY SUPPORT NETWORK OF GREATER FORSYTH

April 2016



FAMILY SUPPORT
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ABOUT FSN

The Family Support Network believes that the greatest asset that a child with special needs can have is a strong support system. We strive to strengthen families and to enhance the lives of children with special needs by providing support, education, and caring connections to their families. Our staff are uniquely qualified to help other families, many of them being parents of children with special needs themselves.

For more information on any of these events please call The Family Support Network of Greater Forsyth 336-703-4289 or check out our newly designed website at: www.FSNgreaterforsyth.com



PLAY BALL!

Sibshops is a support group for kids ages 5 (by the start of school) to 14 who have siblings with special needs.

WHEN: April 15, 2016 6:00-8:30 PM (final Spring Sibshop - May 13)

LOCATION: The Children's Center, 2315 Coliseum Dr., W-S, NC 27106

There is no charge to attend, but **registration is required**. We have a limited number of spaces so RSVPs are needed. For more information contact the FSN office at 336-703-4289 or email ChrisFSN@theCFEC.org.

The Family Support Network of Greater Forsyth is an outreach program of The Centers for Exceptional Children. Our offices are located in The Special Children's School
4505 Shattalon Dr., WS, NC 27106 | 336-703-4289

EL GRUPO DE ESPERANZA

New group for Spanish speaking families who have children with special needs. Next meeting is Monday, **April 11th** at El Buen Pastor Church 10:30-12:00 - RSVP requested. Please contact Michele Valladares in the Family Support Network offices at 703-4289 or email micheleFSN@thecfec.org.

FSN LOCAL COLLABORATION TEAM

2016 Topic – Access to Disability Services Across the Lifespan

Our next meeting will be **Thursday, April 14th 3:30-5:00** at The Children's Center, 2315 Coliseum Dr., WS, NC 27106. Our group is a community collaborative of agencies, churches and individuals interested in supporting families who have a member with a disability of any age and we welcome guests.

Questions? Call 336-703-4289 or email ChrisFSN@theCFEC.org.



EXCEPTIONAL FAMILIES MEETING

Our next meeting will be on **April 28th**. We will meet monthly through October at Little Creek Recreation Center (610 Foxcroft Dr WS NC 27103).

Topic: Autism and Genetics - Dr. Tamison Jewett, Geneticist

Dinner at 5:30 PM, meeting 6:00 – 7:30 PM. Childcare will be provided.

Exceptional Families is a monthly discussion group for parents of children of all ages with special needs. Dinner and childcare provided at no cost with RSVP. Please call 336-703-4289 to register or email ChrisFSN@theCFEC.org.

FSN MENTOR PARENT TRAINING

Would you like to learn to support other families?

When: Saturday April 23rd from 9:00 AM – 3:00 PM

Where: The Children's Center, 2315 Coliseum Dr., W-S NC 27106

Parent Mentor Training helps to equip parents of children with special needs to reach out and support other parents. This training includes communication and listening skills, understanding the stages of adjustment, confidentiality, local resources and sharing your story.

FREE! Please call Chris Gentry at 336-703-4289 to RSVP or email ChrisFSN@theCFEC.org

THE WINSTON-SALEM ADAPTED ARTS AND SPORTS PROGRAM (W.A.A.S.P) AT WAKE FOREST UNIVERSITY

WAASP is a student-run program at Wake Forest University for children of all ages with physical and/or cognitive disability. They encourage the development of gross and fine motor skills through creative and fun interactions.

During each session, children play sports and games or create arts and crafts projects. Friends and parents are welcome too!

And it is **FREE** for everyone!

Where: 1834 Wake Forest Road, WFU Campus, Reynolds Gym, WS, NC 27109.

When: Sundays, April 3rd and 17th (these are all the remaining dates for this school year)

For more information, please contact Xiang Li at (717) 649-8320 or email: lix213@wfu.edu or visit our website at <http://wfuwaasp.webs.com/>



YOUNG LIFE CAPERNAUM CLUB

Saturday, April 16th - 4:00-5:30

YMCA, 3474 Robinhood Rd. 27106



This is a specially designed Young Life program for young adults (ages 14-22) with disabilities. This program uses a reverse inclusion model so lots of our typical teen friends come too! Everyone is welcome! Please email gfcylcapernaum@gmail.com or call **Greater Forsyth County Young Life** office at 336.725.1750 if you have questions. For more information click [HERE](#).

MAKE PLANS NOW FOR SUMMER CAMP!

Click [here](#) to view the Family Support Program (UNC Chapel Hill) 2016 Summer Camp Directory for individuals with disabilities.



Imprints Cares is offering a NEW option for summer care for kids with diverse needs.

http://imprintscares.org/wp-content/uploads/2015/09/IMPRINTScamp8-5X5-5_Page_1.jpg

Contact Janelle Gibbs 722-6296 x223 or jgibbs@imprintscares.org

CAMP DISCOVERY

The City of Winston Salem Recreation and Parks Department offers a fun camp for individuals with intellectual and physical disabilities between the ages of 8 – 21 during the summer. Camp will run eight weeks, June 20th – August 12th, with structured activities from 9 am – 5 pm, with 8 am as early drop off and 5:30 pm being late pick-up. Registration for this camp will begin April 1st.

Resident's inside city limits, \$50 per week, non-city residents, \$60 per week.

Contact Latoya Price at 727-2425 for more information.

There is a \$10/week non-refundable deposit required upon registration

<http://www.cityofws.org/departments/recreation-parks/special-populations/camp-discovery>

NEWS FROM CENTERPOINT HUMAN RESOURCES

The New Medicaid Innovations Waiver, which was originally scheduled for April 1, 2016, has been postponed. The new implementation date will be July 1, 2016. The North Carolina Department of Health and Human Services (DHHS) is working to create a better way to provide services for people with intellectual and/or developmental disabilities (I/DD).

Be the Spark. Ignite a Reader.

You'll kindle new friendships along the way.

Tutor a struggling reader this year, and find other like-minded people in our community who believe in both the power and joy of reading. Join the over 150 Augustine Tutors in our community who are changing children's lives, one lesson at a time. The Augustine Literacy Project® will train and support you, giving you and your students the tools for success.



Join us for Coffee & Conversation to learn more!

Thursday, April 7, 2016 9:30 - 11:00 a.m.

Polo Park Recreation Center - 1850 Polo Rd - Winston-Salem

Tuesday, April 26 2016 9:30 - 11:00 a.m.

William G. White, Jr. YMCA - 775 West End Blvd - Winston-Salem

Tuesday, May 17, 2016 9:30 - 11:00 a.m.

Carl Russell Recreation Center - 3521 Carver School Rd - WS

RSVP required: (336) 723-4391 ext 1506 or pam@readws.org

FALL 2016 TRAINING SESSIONS

September 19 - 23, 2016

(Mon - Fri, 8:30 a.m. - 2:30 p.m.)

or

October 13 - 17, 2016

(evening & weekend)

For information only. This is not a program of Winston-Salem/Forsyth County Schools. It is not endorsed or supported by the school system.

3-2-1 DEACON DASH FOR DOWN SYNDROME

When: April 30, 2016

Fun run at 8am and 5K at 8:30pm. Click [here](#) to register, donate or sponsor the event.

SECOND ANNUAL WS/FCS TRANSITION FAIR

Carter High School will be hosting the second annual **WS/FCS Transition Fair** on April 7th, 2016 from 2pm-5pm. This is a resource fair that will have providers from many different organizations serving people with disabilities. This event is open to any family who has a child in the Exceptional Children's programs.

AUTISM WALK OF SURRY

When: Saturday April 23rd

Where: Riverside Park, Mount Airy

Registration at 8:00 AM. For more information, email surrywalk@autismsociety-nc.org or contact Bridget Soots at (336) 401-7105, Julie Shoaf at (336)971-3685 or Lisa Jeffreys at (336)789-9639.

BE INFORMED!

RespectAbility is a nonprofit organization working to empower people with disabilities to achieve the American Dream by entering the workforce. RespectAbility is nonpartisan and neither rates nor endorses candidates.

Check them out at <http://respectabilityusa.com/>.

On their website you will find informative articles about the political climate including The RespectAbility Report Focusing on 2016 Elections.



SCIWORKS EVENT

Access-ABILITY Day: Building Community and Raising Awareness

Sunday, April 10 from 1 - 5 pm <http://sciworks.org/wp-content/uploads/2016/03/SCI-Events-1604-web-2.pdf>

NC Science Festival event designed to educate the community and provide resources for persons with physical and developmental disabilities. Discover some of the latest advances in assistive technology, meet therapy animals (including miniature horses from Riverwood Therapeutic Riding Center), try an off-roads wheelchair, and more! Included with admission.

CHECKING INTEREST IN A DANCE CLASS FOR KIDS WITH SPECIAL NEEDS

Ms. Terri Butcher is interested in coordinating a dance class this fall (and/or maybe a preliminary Summer Camp) for kids with special needs at Creative Drama Children's Theatre. Please let her know if you would be interested (feel free to forward this to anyone you think would be interested) and your child's name and age, etc. – or any information/questions you think would be helpful in coordinating.

You can find contact information on the website <http://www.creativedramachildrenstheater.com/>.

BASIC SIGN LANGUAGE CLASSES

Details: 6 (1 hour) sessions, every Tuesday, April 5- May 10, 2016
(Learn basic grammar, vocabulary, finger spelling, numbers and about Deaf Culture)

Price: \$25.00 (includes materials)

TIME: 6:00pm – 7:00pm

Location: 3908 Westpoint Blvd., Suite B, Winston-Salem, N.C. 27103

To register or for questions contact: Jane McCann 336-767-7060 (Voice) or jmccann@theadaptables.com.

Join us at the Kernersville
Family YMCA for...



CHAMPIONS DAY



**A Special event for families
who have children with
special needs.**

Kernersville Family YMCA
1113 West Mountain St.
Kernersville, NC 27284

Phone: 336-996-2231
Fax: 336-996-8605
Contact:
Erin Hight-
e.hight@ymcanwnc.org
John Joncazk-
j.joncazk@ymcanwnc.org

**Enjoy exclusive outdoor pool
time from 1:00pm-4:00pm on
Sunday, May 22, 2016.
Admission and food will be
provided free of charge**



FSN COMMUNITY CORNER

Looking for these items:

- Protective helmet size Medium
- Knee and elbow pads for a 2 year old
- Diapers for child size 6
- Carseat with 5 point harness for 3 year old weighing 42 lbs

If you have something you would like to give to another family or if you are looking for an item, please let us know and we will be happy to share this in our newsletter. Please call 703-4289 for more info or email Chris at ChrisFSN@theCFEC.org.



FREE TRIPLE P ONLINE PARENTING PROGRAM

A great positive parenting program available to families at no cost!

[Triple P online](#)



Be sure to “like” **The Centers for Exceptional Children** on Facebook. FSN regularly posts information and updates.

NATIONAL EFFORT TO MAP ACCESSIBILITY

You can help map accessibility in our area.

<https://www.brettapproved.com>



CONNECT WITH THE CFEC

To learn more about **The Centers for Exceptional Children**, visit our website at www.thecfec.org.



CENTERS
FOR EXCEPTIONAL CHILDREN

For more information on any of these events please call **The Family Support Network of Greater Forsyth** at (336) 703-4289 or check out our website at www.fsngreaterforsyth.com

To receive this monthly newsletter by e-mail, send your request to ChrisFSN@theCFEC.org and put “FSN news list” in the subject line.

Please include your full name in the e-mail body.

If you wish to unsubscribe at any time put **REMOVE** in the subject line.