

FAMILY SUPPORT NETWORK OF GREATER FORSYTH

March 2016



FAMILY SUPPORT
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ABOUT FSN

The Family Support Network believes that the greatest asset that a child with special needs can have is a strong support system. We strive to strengthen families and to enhance the lives of children with special needs by providing support, education, and caring connections to their families. Our staff are uniquely qualified to help other families, many of them being parents of children with special needs themselves.

For more information on any of these events please call The Family Support Network of Greater Forsyth 336-703-4289 or check out our newly designed website at: www.FSNgreaterforsyth.com



SIBSHOPS SUPERSIZED!

Sibshops is a support group for kids ages 5 (by the start of school) to 14 who have siblings with special needs.

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WHEN: March 11, 2016 6:00-8:30 PM (other dates April 15, May 13)

LOCATION: The Children's Center, 2315 Coliseum Dr., W-S, NC 27106

There is no charge to attend, but **registration is required**. We have a limited number of spaces so RSVPs are needed. For more information contact the FSN office at 336-703-4289 or email ChrisFSN@theCFEC.org.

The Family Support Network of Greater Forsyth is an outreach program of The Centers for Exceptional Children. Our offices are located in The Special Children's School
4505 Shattalon Dr., WS, NC 27106 | 336-703-4289

EL GRUPO DE ESPERANZA

New group for Spanish speaking families who have children with special needs. Next meeting is Monday, **March 14th** at El Buen Pastor Church 10:30-12:00 - RSVP requested. Please contact Michele Valladares in the Family Support Network offices at 703-4289 or email micheleFSN@thecfec.org.

FSN LOCAL COLLABORATION TEAM

2016 Topic – Access to Disability Services Across the Lifespan

Our next meeting will be **Thursday, March 10th 3:30-5:00** at The Children's Center, 2315 Coliseum Dr., WS, NC 27106. Our group is a community collaborative of agencies, churches and individuals interested in supporting families who have a member with a disability of any age and we welcome guests.

Questions? Call 336-703-4289 or email ChrisFSN@theCFEC.org.



EXCEPTIONAL FAMILIES MEETING

Our next meeting will be on **March 31st**. We will meet monthly through October at Little Creek Recreation Center (610 Foxcroft Dr WS NC 27103).

Topic: The Benefits of Horticulture Therapy, Jennifer Manning

Dinner at 5:30 PM, meeting 6:00 – 7:30 PM. Childcare will be provided.

Exceptional Families is a monthly discussion group for parents of children of all ages with special needs. Dinner and childcare provided at no cost with RSVP. Please call 336-703-4289 to register or email ChrisFSN@theCFEC.org.

FSN MENTOR PARENT TRAINING

Would you like to learn to support other families?

When: Saturday April 23rd from 9:00 AM – 3:00 PM

Where: The Children's Center, 2315 Coliseum Dr., W-S NC 27106

Parent Mentor Training helps to equip parents of children with special needs to reach out and support other parents. This training includes communication and listening skills, understanding the stages of adjustment, confidentiality, local resources and sharing your story.

FREE! Please call Chris Gentry at 336-703-4289 to RSVP or email ChrisFSN@theCFEC.org

NEWS FROM CENTERPOINT HUMAN RESOURCES

The New Medicaid Innovations Waiver, which was originally scheduled for April 1, 2016, has been postponed. The new implementation date will be July 1, 2016. The North Carolina Department of Health and Human Services (DHHS) is working to create a better way to provide services for people with intellectual and/or developmental disabilities (I/DD).

THE WINSTON-SALEM ADAPTED ARTS AND SPORTS PROGRAM (W.A.A.S.P) AT WAKE FOREST UNIVERSITY

WAASP is a student-run program at Wake Forest University for children of all ages with physical and/or cognitive disability. They encourage the development of gross and fine motor skills through creative and fun interactions. During each session, children play sports and games or create arts and crafts projects. Friends and parents are welcome too!

And it is **FREE** for everyone!

Where: 1834 Wake Forest Road, WFU Campus, Reynolds Gym, WS, NC 27109.

When: Sundays, March 20th, April 3rd and 17th (these are all the remaining dates for this school year)

For more information, please contact Xiang Li at (717) 649-8320 or email: lix213@wfu.edu or visit our website at <http://wfuwaasp.webs.com/>



YOUNG LIFE CAPERNAUM CLUB

Saturday, March 19th - 4:00-5:30

YMCA, 3474 Robinhood Rd. 27106



This is a specially designed Young Life program for young adults (ages 14-22) with disabilities. This program uses a reverse inclusion model so lots of our typical teen friends come too! Everyone is welcome!

Please email gfcylcapernaum@gmail.com or call **Greater Forsyth County Young Life** office at 336.725.1750 if you have questions. For more information click [HERE](#).

MAKE PLANS NOW FOR SUMMER CAMP!

Click [here](#) to view the Family Support Network 2016 Summer Camp Directory (for individuals with disabilities)



DRESS DOWN FOR DOWN SYNDROME DAY

The Piedmont Down Syndrome Support Network invites your organization to participate in Dress Down for Down Syndrome Day in celebration of World Down Syndrome Day, which is on March 21st. (3/21 is representative of having three copies, instead of two, of the 21st chromosome in each cell of the body – the typical cause of Down syndrome.)

This event raises awareness of Down syndrome within our community while also raising much needed funds to support our programs which benefit individuals with Down syndrome and their families throughout the Piedmont.

To participate in Dress Down for Down Syndrome Day participants wear casual clothes and are encouraged to donate \$5 (tax deductible) for this “privilege.” For additional information about the Piedmont Down Syndrome Support Network visit <http://pdssn.org/>.

GUARDIANSHIP AND ALTERNATIVES TO GUARDIANSHIP

Program will be held on Friday, April 1st, 6:30pm to 8pm

Goodwill Self Reliance Hall, 2710 University Parkway Winston-Salem

Speaker : Corye Dunn of Disability Rights NC

RSVP: 336-922-0530 dqwoolard@gmail.com

3-2-1 DEACON DASH FOR DOWN SYNDROME

When: April 30th

Fun run at 8am and 5K at 8:30pm. Click [here](#) to register, donate or sponsor the event.



SECOND ANNUAL WS/FCS TRANSITION FAIR

Carter High School will be hosting the second annual **WS/FCS Transition Fair** on April 7th, 2016 from 2pm-5pm. This is a resource fair that will have providers from many different organizations serving people with disabilities.

This event is open to any family who has a child in the Exceptional Children's programs.

AUTISM WALK OF SURRY

When: Saturday April 23rd

Where: Riverside Park, Mount Airy

Registration at 8:00 AM. For more information, email surrywalk@autismsociety-nc.org or contact Bridget Soots at (336) 401-7105, Julie Shoaf at (336)971-3685 or Lisa Jeffreys at (336)789-9639.

CAMP DISCOVERY INFORMATION

The City of Winston Salem Recreation and Parks Department offers a fun camp for individuals with intellectual and physical disabilities between the ages of 8 – 21 during the summer. Camp will run eight weeks, June 20th through August 12th, with structured activities from 9 am – 5 pm, with 8 am as early drop off and 5:30 pm being late pick-up.

Resident's inside city limits, \$50 per week and non-city residents, \$60 per week.

There is a \$10/week non-refundable deposit required upon registration

Registration for this camp will begin April 1st.



BE INFORMED!

RespectAbility is a nonprofit organization working to empower people with disabilities to achieve the American Dream by entering the workforce. RespectAbility is nonpartisan and neither rates nor endorses candidates.

Check them out at <http://respectabilityusa.com/>.

On their website you will find informative articles about the political climate including The RespectAbility Report Focusing on 2016 Elections.

NORTHWEST FORSYTH AMERICAN LITTLE LEAGUE CHALLENGER BASEBALL



2016 SCHEDULE

- Saturday April 9th 9:30 am (11:00 Opening Ceremonies)
- Saturday April 16th 10:00 am
- Saturday April 23rd 10:00 am
- Saturday April 30th 10:00 am
- Sunday May 8th 3:00 pm
- Saturday May 14th 10:00 am
- Saturday May 21st 10:00 am (Game / Celebration)
- TBD Challenger Homecoming at the Dash

(Please check website at nwfall.org for information and field status)

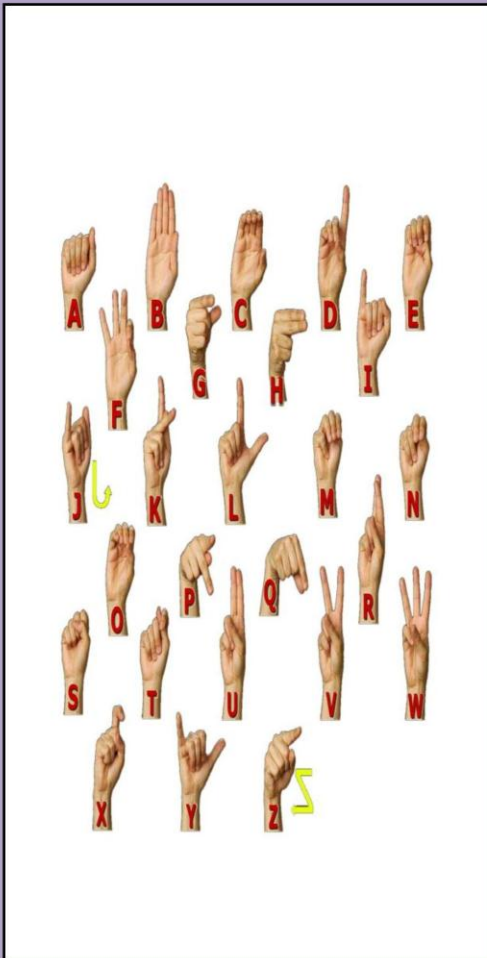


The Challenger League is an official division of Little League Baseball that allows boys and girls with physical and developmental challenges to enjoy the benefits of Little League participation and locally, operates through the efforts of 100% volunteer involvement. For additional information, please visit our website or contact Tiffany Schmitz: baseballfamilyfun@gmail.com. Registration is Free and may be done on-line or prior to any scheduled game. Shirts and Hats will be provided.

Northwest Forsyth American Little League
1400 Runabout Road, Pfafftown, NC 27040
(336) 945-9416



BASIC SIGN LANGUAGE CLASSES



Details:

6 (1 hour) sessions

Every Tuesday

April 5- May 10, 2016

(Learn basic grammar, vocabulary, finger spelling, numbers and about Deaf Culture)

Price:

\$25.00

(includes materials)

TIME:

6:00pm – 7:00pm

Location:

3908 Westpoint Blvd., Suite B

Winston-Salem, N.C. 27103

To Register or for Questions Contact:

Jane McCann

336-767-7060 (Voice)

jmccann@theadaptables.com

Deadline:

Friday, April 1, 2016

DISABILITY SCOOP: THE PREMIER SOURCE FOR DEVELOPMENTAL DISABILITY NEWS

<https://www.disabilityscoop.com/>

Tommy Hilfiger released a line of adaptive clothing on its website Tuesday. The 22-piece children's offering is comprised of items that look just like clothing in the company's regular spring collection, but include magnets, velcro and other modifications to allow for easy on and off for kids with disabilities.



FREE TRIPLE P ONLINE PARENTING PROGRAM

A great positive parenting program available to families at no cost!

[Triple P online](#)



Be sure to "like" **The Centers for Exceptional Children** on Facebook. FSN regularly posts information and updates.

NATIONAL EFFORT TO MAP ACCESSIBILITY

You can help map accessibility in our area.

<https://www.brettapproved.com>



CONNECT WITH THE CFEC

To access The Centers for Exceptional Children's newsletter, please click [HERE](#).

To learn more about The CFEC, visit our website at www.thecfec.org.



For more information on any of these events please call The Family Support Network of Greater Forsyth at (336) 703-4289 or check out our website at www.fsngreaterforsyth.com

To receive this monthly newsletter by e-mail, send your request to ChrisFSN@theCFEC.org and put "FSN news list" in the subject line.

Please include your full name in the e-mail body.

If you wish to unsubscribe at any time put **REMOVE** in the subject line.