

FAMILY SUPPORT NETWORK OF GREATER FORSYTH

February 2016



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ABOUT FSN

The Family Support Network believes that the greatest asset that a child with special needs can have is a strong support system. We strive to strengthen families and to enhance the lives of children with special needs by providing support, education, and caring connections to their families. Our staff are uniquely qualified to help other families, many of them being parents of children with special needs themselves.

For more information on any of these events please call The Family Support Network of Greater Forsyth 336-703-4289 or check out our newly designed website at: www.FSNgreaterforsyth.com

PAY IT FORWARD IN THE NEW YEAR

Chat & Snack Sponsors Needed

Do you know of a church group or civic organization that might like to SPONSOR A "CHAT & SNACK" AT ONE OF OUR LOCAL HOSPITALS? The Family Support Network of Greater Forsyth provides 3 outreach events a month at our local hospitals. We partner with local families, community groups and restaurants who would like to provide dinner to families who have children at Brenner Children's Hospital or in one of our local Hospital Neonatal Intensive Care Units. We are currently looking for groups who are interested in sponsoring an event. Call our office at 703-4289 for more details about this wonderful community service.

The Family Support Network of Greater Forsyth is an outreach program of The Centers for Exceptional Children. Our offices are located in The Special Children's School
4505 Shattalon Dr., WS, NC 27106 | 336-703-4289

EL GRUPO DE ESPERANZA

New group for Spanish speaking families who have children with special needs. Next meeting is Monday, **February 8th** at El Buen Pastor Church 10:30-12:00 - RSVP requested. Please contact Michele Valladares in the Family Support Network offices at 703-4289 or email micheleFSN@thecfec.org.

FSN LOCAL COLLABORATION TEAM

2016 Topic – Access to Disability Services Across the Lifespan

Our next meeting will be **Thursday, February 11th 3:30-5:00** at The Children's Center, 2315 Coliseum Dr., WS, NC 27106. Our group is a community collaborative of agencies, churches and individuals interested in supporting families who have a member with a disability of any age and we welcome guests.

Questions? Call 336-703-4289 or email ChrisFSN@theCFEC.org.



EXCEPTIONAL FAMILIES MEETING

Our next meeting will be on **February 25th**. We will meet monthly through October at Little Creek Recreation Center (610 Foxcroft Dr WS NC 27103).

February guest – Maschica Jefferson-Tobias, EC Parent Liason, WS/FCS

Dinner at 5:30 PM, meeting 6:00 – 7:30 PM. Childcare will be provided.

Exceptional Families is a monthly discussion group for parents of children of all ages with special needs. Dinner and childcare provided at no cost with RSVP. Please call 336-703-4289 to register or email ChrisFSN@theCFEC.org.



SAVE THE DATES!

Sibshops is a support group for kids ages 5 (by the start of school) to 14 who have siblings with special needs.

WHEN: March 11, April 15, and May 13, 2016 6:00-8:30 PM

LOCATION: The Children's Center, 2315 Coliseum Dr., W-S, NC 27106

For more information, please call the FSN office 703-4289 or visit <http://www.thecfec.org/sibshop-fsn/>.

THE WINSTON-SALEM ADAPTED ARTS AND SPORTS PROGRAM (W.A.A.S.P) AT WAKE FOREST UNIVERSITY

WAASP is a student-run program at Wake Forest University for children of all ages with physical and/or cognitive disability. They encourage the development of gross and fine motor skills through creative and fun interactions. During each session, children play sports and games or create arts and crafts projects. Friends and parents are welcome too!

And it is **FREE** for everyone!

Where: 1834 Wake Forest Road, WFU Campus, Reynolds Gym, WS, NC 27109.

For more information, please contact Xiang Li at (717) 649-8320 or email: lix213@wfu.edu or visit our website at <http://wfuwaasp.webs.com/>



YOUNG LIFE CAPERNAUM CLUB

Saturday, February 20th - 4:00-5:30

YMCA, 3474 Robinhood Rd. 27106



This is a specially designed Young Life program for young adults (ages 14-22) with disabilities. This program uses a reverse inclusion model so lots of our typical teen friends come too! Everyone is welcome!

Please email gfcylcapernaum@gmail.com or call **Greater Forsyth County Young Life** office at 336.725.1750 if you have questions. For more information click [HERE](#).



IMPRINTS CARES
stronger families. stronger communities.

NEW OPTION FOR INCLUSIVE CHILD CARE FOR ELEMENTARY AND MIDDLE SCHOOL STUDENTS

Imprints Cares is now offering afterschool care at our newest location:

502 N. Broad Street, WS

Transportation is offered from your child's school to our site. For more info, please contact Janelle Gibbs @ 722-6296 x223 and/or stop by to meet our staff and find out more about our premier inclusion program.

PIEDMONT DOWN SYNDROME SUPPORT NETWORK NEW PROGRAM!

PDSSN Learning Program is looking for families who have children with Down syndrome ages 3-7 (or up to 1st grade) to participate in a program to improve math and literacy skills. This 4 session series will take place one Saturday a month February-May. Sessions involve both the parents and the child.

Total cost is \$160.00 (a limited number of scholarships are available). For more information or to register please visit:

<http://pdssn.org/programs-3/educational-programs/the-learning-program/tlp-registration-form/>

JOIN THE DISCUSSION

Parents of Adults with Developmental Disabilities Discussion

When: Monday, February 15, 7:00pm – 8:15pm

Where: iCan House Winston-Salem

A free discussion, open to the public. Catering to topics relevant to parents with adult children who have developmental disorders, (autism, Asperger's, PDD-NOS, etc).



Discussion Group meets at the iCan House, 862 West 4th Street, Winston-Salem, (336) 723-0050

NEW WINSTON MUSEUM PRESENTS FREE MONTHLY SALON SERIES

“Disabilities” Salon Series – Friends or Foes: Winston-Salem’s Shades of Gray

Thursday February 25, 2016 – 5:30pm

This program will focus on how local institutions impact those living with disabilities. Panelists include representatives from The Centers for Exceptional Children, The Enrichment Center, Winston-Salem Industries for the Blind, and The Adaptables Center for Independent Living.

The Salon series is being held at the New Winston Museum, 713 South Marshall St., W-S, NC 27101
5:30 PM - 7:00 PM

For more information, please visit [Http://newwinston.org](http://newwinston.org). Any questions can be directed to bgdooley155@live.com.



SPECIAL NEEDS DANCE CLASSES AT POSITIVE IMAGE PERFORMING ARTS

Classes will start March 12th

Saturday Class Schedule:

Ages 3-7, 1:00 pm - 1:45 pm

Ages 8 & Up, 1:45 pm - 2:30 pm

Cost: \$35 per month, \$35 Registration Fee

For more information, please visit http://www.pipartsn.com/special_needs.htm or email pipartsws@gmail.com.

YOUTH LEADERSHIP FORUM

Apply today! Deadline is 03 /15/16. ONLY 20 ARE SELECTED.

June 13-17, 2016

North Carolina State University

For youth with disabilities ages 15-30

Apply for this FREE leadership forum: One week on NCSU campus in Raleigh, learning, living, advocating, growing together. Opportunity to get involved statewide and nationally.

Apply online at www.ylfn.org or call (919) 833-1117 or e-mail ylfn@live.com.

Accommodations provided upon request.

SELF-ADVOCATE OPPORTUNITY

The Autism Society of NC has created new opportunities to involve self-advocates in this important and exciting conference. Make plans now to attend.

RSVP for self-advocate events in Charlotte!

6 - 7:30 p.m. | Friday, March 11 & Saturday, March 12
Hilton Charlotte University Place Hotel
8629 J M Keynes Dr., Charlotte, NC 28262

For more information, please visit <http://autismsociety-nc.org/>.

If you have questions, please email David Laxton at dlaxton@autismsociety-nc.org.



Autism Society
of NORTH CAROLINA



Be sure to “like” **The Centers for Exceptional Children** on Facebook. FSN regularly posts information and updates.



NATIONAL EFFORT TO MAP ACCESSIBILITY

You can help map accessibility in our area.

<https://www.brettapproved.com>

CONNECT WITH THE CFEC

To access The Centers for Exceptional Children’s newsletter, please click [HERE](#).

To learn more about The CFEC, visit our website at www.thecfec.org.



FREE TRIPLE P ONLINE PARENTING PROGRAM

A great positive parenting program available to families at no cost!

[Triple P online](#)

EXCEPTIONAL MOMS’ SUPPORT CIRCLE

~ A place to share your own personal stories, struggles and successes.

~ A place to be heard and encouraged by other mothers and caregivers of special needs children.

EMSC casually meets on the 3rd Wednesday of every month in a home near Wake Forest University from 9:30-11:30 a.m. Their next meeting is **February 17, 2016**. To receive their full brochure, for more information, and/or directions, please contact:

Jeanne Lenham
JTstillbusy@gmail.com or 336-671-3738

Tiffany Hunt
thunt623@gmail.com or 336-406-7663

For more information on any of these events please call The Family Support Network of Greater Forsyth at (336) 703-4289 or check out our website at www.fsngreaterforsyth.com

To receive this monthly newsletter by e-mail, send your request to ChrisFSN@theCFEC.org and put “FSN news list” in the subject line. Please include your full name in the e-mail body. If you wish to unsubscribe at any time put **REMOVE** in the subject line.