

FAMILY SUPPORT NETWORK OF GREATER FORSYTH

November/December 2015



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ABOUT FSN

The Family Support Network believes that the greatest asset that a child with special needs can have is a strong support system. We strive to strengthen families and to enhance the lives of children with special needs by providing support, education, and caring connections to their families. Our staff are uniquely qualified to help other families, many of them being parents of children with special needs themselves.

What do you know about The Centers for Exceptional Children? [See our new video HERE!](#)



Sibshops is a support group for kids ages 5 (by the start of school) to 14 who have siblings with special needs.

“The Way I See It”

With special guests from Industries for the Blind and A Brighter Path Foundation

WHEN: Friday November 13, 2015 6:00-8:30 PM

LOCATION: The Children's Center

2315 Coliseum Dr., W-S, NC 27106

Intersection of Reynolda Rd. and Coliseum Dr.

There is no charge to attend, but registration is required. We have a limited number of spaces so RSVP soon! Contact the Family Support Network office at 336-703-4289 or email JODIFSN@theCFEC.org.

The Family Support Network of Greater Forsyth is an outreach program of The Centers for Exceptional Children. Our offices are located in The Special Children's School
4505 Shattalon Dr., WS, NC 27106 | 336-703-4289

BREAKFAST WITH SANTA!

Saturday, December 5, 2015

Choose either 9:00-11:00 or 11:00-1:00 session.
Breakfast, games, activities and a visit with Santa!



NEW 2015 LOCATION - Clemmons Presbyterian Church, 3930 Clemmons Rd (Hwy 158), Clemmons NC 27012
Reservations are required and are being taken now through November 25th. Call the Family Support office at 703-4289. Be sure to leave your phone number if you leave a message. **Ho Ho Hope to see you there!**

BREAKFAST WITH SANTA DONATIONS NEEDED – WE PLAN TO FILL 250 STOCKINGS!

We are in need of stocking stuffers such as individually wrapped candy, small prizes etc. If you know of any organizations that might want to contribute please let us know! We would also like to have a drawing for a door prize – if you know someone who could contribute any type of gift card for this PLEASE contact Chris at the FSN office 703-4289 or ChrisFSN@theCFEC.org.



FSN LOCAL COLLABORATION TEAM

The FSN Local Collaboration Team will not meet in November or December. Our first meeting of 2016 will be **Thursday, January 14th 3:30-5:00**. Our group is a community collaborative of agencies, churches and individuals interested in supporting families who have a member with a disability of any age and we welcome guests. Our next meeting will be held at The Children's Center, 2315 Coliseum Drive, WS, NC 27106. Questions - 336-703-4289 or ChrisFSN@theCFEC.org.

EXCEPTIONAL FAMILIES MEETING

The "Exceptional Families" Meeting will not take place in November or December. Our 2016 series will begin on January 28th and we will meet monthly through October at Little Creek Recreation Center (610 Foxcroft Dr WS NC 27103).

Exceptional Families is a monthly discussion group for parents of children of all ages with special needs. Dinner and childcare provided at no cost with RSVP. Please call 336-703-4289 to register or email ChrisFSN@theCFEC.org.

PAY IT FORWARD IN THE NEW YEAR

Chat & Snack Sponsors Needed

We are working on our 2016 Calendar! Do you know of a church group or civic organization that might like to SPONSOR A "CHAT & SNACK" AT ONE OF OUR LOCAL HOSPITALS?



The Family Support Network of Greater Forsyth provides 3 outreach events a month at our local hospitals. We partner with local families, community groups and restaurants who would like to provide dinner to families who have children at Brenner Children's Hospital or in one of our local Hospital Neonatal Intensive Care Units. We are currently looking for groups who are interested in sponsoring an event. Please call our office for more details about this wonderful community service 703-4289.

EL GRUPO DE ESPERANZA

New group for Spanish speaking families who have children with special needs.

Monday, November 9th and December 14th at El Buen Pastor Church 10:30-12:00 - RSVP requested

Please contact Michele Valladares in the Family Support Network offices at 703-4289 or email micheleFSN@thecfec.org.



Like Basketball? The Triad Trackers, a local wheelchair basketball team, will play 3 more home games on **January 2, January 20 and February 6, 2016 at 1:00 at the Gateway YWCA. There is no admission fee. Plan to come out and cheer them on!**



THE WINSTON-SALEM ADAPTED ARTS AND SPORTS PROGRAM (W.A.A.S.P) AT WAKE FOREST UNIVERSITY

WAASP is a student-run program at Wake Forest University for children of all ages with physical and/or cognitive disability. We encourage the development of gross and fine motor skills through creative and fun interactions. During each session, children play sports and games or create arts and crafts projects. Friends and parents are welcome too! And it is **FREE** for everyone! **Where:** 1834 Wake Forest Road, WFU Campus, Reynolds Gym, WS, NC 27109. **When:** Sundays, November 8th and 22nd.

For more information, please contact Xiang Li at (717) 649-8320 or email: lix213@wfu.edu or visit our website at <http://wfuwaasp.webs.com/>

HARMAR SWING AWAY WHEELCHAIR LIFT FOR SALE

Family looking to sell a Harmar swing away wheelchair lift that attaches to the back of a car/van, holds up to 350 lbs, 3 years old. Please call the FSN office at 703-4289 for family's contact information to inquire.



EXCEPTIONAL MOMS' SUPPORT CIRCLE (EMSC)

New support group for mothers of children with special needs! This group will meet on the 3rd Wednesday of each month; November 18th being the very first meeting. This is a faith based group where you will be able to share struggles and joys encountered along your individual journey with your special child. The group is being led by Jeanne Lenham and Tiffany Hunt and will be held at one of their homes from 9:30-11:30 AM. Please contact Jeanne at 336-671-3738 for more details if you are interested in attending.

YOUNG LIFE CAPERNAUM CLUB

Saturday, November 21st & December 19th - 4:00-5:30
YMCA, 3474 Robinhood Rd. 27106



This is a specially designed Young Life program for young adults (ages 14-22) with disabilities. This program uses a reverse inclusion model so lots of our typical teen friends come too! Everyone is welcome! Please email gfcylcapernaum@gmail.com or call Greater Forsyth County Young Life office at 336.725.1750 if you have questions. For more information click [HERE](#).



NEW OPTION FOR INCLUSIVE CHILD CARE FOR ELEMENTARY AND MIDDLE SCHOOL STUDENTS

IMPRINTS CARES
stronger families. stronger communities.

Imprints Cares is now offering afterschool care at our newest location:
502 N. Broad Street, WS

Transportation is offered from your child's school to our site. For more info, please contact Janelle Gibbs @ 722-6296 x223 and/or stop by to meet our staff and find out more about our premier inclusion program.



FREE Triple P Online Parenting Program

A great positive parenting program available to families at no cost!

[Triple P online](#)



Be sure to “like” **The Centers for Exceptional Children** on Facebook. FSN regularly posts information and updates.

GOOD READS



[5 TIPS THAT HELPED IMPROVE MY CHILD’S BEHAVIOR](#)

Practical tips from Autism Speaks that are great for any kid!

[Special Ed Teacher Finds Brilliant Way for Students to Thrive Beyond the Classroom](#)

FSN COMMUNITY CORNER

Looking for these items:



- Tilting bath chair for child 48 lbs
- Pediatric wheelchair for child (90lbs) who tires easily
- Disposable briefs size L-XL 70+ lbs

If you have something you would like to give to another family or if you are looking for an item, please let us know and we will be happy to share it in our newsletter. Please call 703-4289 for more info or email Chris at ChrisFSN@theCFEC.org.



Children’s Center teacher Cindy Smith and student Jackson Bellamy at Bowties, Boots and Bluegrass! To see more photos from the event, click on the photo above.

For more information on any of these events please call **The Family Support Network of Greater Forsyth** at (336) 703-4289 or check out our website at www.fsngreaterforsyth.com

To receive this monthly newsletter by e-mail, send your request to ChrisFSN@theCFEC.org and put “FSN news list” in the subject line.

Please include your full name in the e-mail body.

If you wish to unsubscribe at any time put **REMOVE** in the subject line.