

FAMILY SUPPORT NETWORK OF GREATER FORSYTH

October 2015



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ABOUT FSN

The Family Support Network believes that the greatest asset that a child with special needs can have is a strong support system. We strive to strengthen families and to enhance the lives of children with special needs by providing support, education, and caring connections to their families. Our staff are uniquely qualified to help other families, many of them being parents of children with special needs themselves.

What do you know about The Centers for Exceptional Children? [See our new video HERE!](#)

FSN LOCAL COLLABORATION TEAM

Our 2015 focus is on **Healthy Living for Individuals with Disabilities and Their Families**. Our group is a community collaborative of agencies, churches and individuals interested in supporting families who have a member with a disability of any age and we welcome guests. Our next meeting will be held **Thursday, October 8th, 3:30-5:00** at The Children's Center, 2315 Coliseum Drive, WS, NC 27106. Questions - 336-703-4289 or ChrisFSN@theCFEC.org.



Sibshops is a support group for kids ages 5 (by the start of school) to 14 who have siblings with special needs.

Finding the Balance

WHEN: Friday October 16, 2015 6:00-8:30 PM

LOCATION: The Children's Center, 2315 Coliseum Dr., W-S, NC 27106
Intersection of Reynolda Rd. and Coliseum Dr.

There is no charge to attend, but registration is required. We have a limited number of spaces so RSVP soon! Contact the Family Support Network office at 336-703-4289 or email JODIFSN@theCFEC.org.

The Family Support Network of Greater Forsyth is an outreach program of The Centers for Exceptional Children. Our offices are located in The Special Children's School
4505 Shattalon Dr., WS, NC 27106 | 336-703-4289

THE CFEC PRESENTS: BOWTIES, BOOTS & BLUEGRASS!

LAST CALL! A fun-filled evening of dinner, drinks, live music by Rain Check, silent auction and live auction with Matt Britt! Register and pay online at <http://cfecbbb.eventbrite.com>.

Thursday, October 15, 2015, WinMock at Kinderton

168 East Kinderton Way, Bermuda Run, NC 27006

6:30 p.m. – 10:00 p.m



EXCEPTIONAL FAMILIES MEETING

Post Secondary Options for Students with Disabilities

October 22nd, 6:00 p.m. - 7:30 p.m.

Little Creek Recreation Center - 610 Foxcroft Dr., WS, NC 27103

Exceptional Families is a monthly discussion group for parents of children of all ages with special needs. Dinner and childcare provided at no cost with RSVP. Dinner will be available at 5:30. Please call 336-703-4289 to register or email ChrisFSN@theCFEC.org.



THE WINSTON-SALEM ADAPTED ARTS AND SPORTS PROGRAM (W.A.A.S.P) AT WAKE FOREST UNIVERSITY INVITES YOU TO COME JOIN US FOR SOME FUN!

WAASP is a student-run program at Wake Forest University for children of all ages with physical and/or cognitive disability. We encourage the development of gross and fine motor skills through creative and fun interactions. During each session, children play sports and games or create arts and crafts projects. Friends and parents are welcome too! And it is **FREE** for everyone! **Where:** 1834 Wake Forest Road, WFU Campus, Reynolds Gym, WS, NC 27109. **When:** Sundays, October 11th and 25th.

For more information, please contact Xiang Li at (717) 6498320 or email: lix213@wfu.edu or visit our website at <http://wfuwaasp.webs.com/>



HARMAR SWING AWAY WHEELCHAIR LIFT FOR SALE

Family looking to sell a Harmor swing away wheelchair lift that attaches to the back of a car/van, holds up to 350 lbs, 3 years old.

Please call the FSN office at 703-4289 for family's contact information to inquire.

YOUNG LIFE CAPERNAUM CLUB

"Costume Club" - Come dressed in costume!
(no scary costumes please)

Saturday, October 17th - 4:00-5:30 (3474 Robinhood Rd. 27106)

This is a specially designed Young Life program for young adults (ages 14-22) with disabilities. This program uses a reverse inclusion model so lots of our typical teen friends come too! Everyone is welcome! Please email gfcylcapernaum@gmail.com or call Greater Forsyth County Young Life office at 336.725.1750 if you have questions.

For more information click [HERE](#). Additional dates for 2015 are 11/21 and 12/19.





IMPRINTS CARES
stronger families. stronger communities.

NEW OPTION FOR INCLUSIVE CHILD CARE FOR ELEMENTARY AND MIDDLE SCHOOL STUDENTS

Imprints Cares is now offering afterschool care at our newest location:

502 N. Broad Street, WS

Transportation is offered from your child's school to our site. For more info, please contact Janelle Gibbs @ 722-6296 x223 and/or stop by to meet our staff and find out more about our premier inclusion program.

EL GRUPO DE ESPERANZA

New Family Support Network group starting for Spanish speaking families who have children with special needs.

1st meeting is on Monday October 12th at El Buen Pastor Church 10:30-12:00 - RSVP requested

Please contact Michele Valladares in the Family Support Network offices at 703-4289 or email micheleFSN@thecfec.org

NAMI FORSYTH - BASICS COURSE

This course is for parents, foster families, supporters of children coping with mental illness. NAMI Basics is a signature education program for parents and other caregivers of children and adolescents living with mental illnesses. Trained facilitators who are the parent or other caregivers of individuals who developed the symptoms of mental illness as children or adolescents teach the NAMI Basics course.

http://www.nami.org/template.cfm?section=NAMI_Basics1

Contact Julie Whittaker, missjulie@mocksville.com or 336-751-5441. Please leave an email address in your voicemail so Julie can send you detailed course information for the Fall of 2015. Let her know if you do not use email.

LOCAL CASINO NIGHT FUNDRAISER TO BENEFIT FAMILY SUPPORT NETWORK OF GREATER FORSYTH AND BIRTHRIGHT OF WINSTON-SALEM

On Saturday, Oct. 24th, 2015 the Bishop Greco #9499 Columbiettes will be sponsoring its **Sixth Annual Casino Night Fund Raiser** for local charities.

The event will run from 6:30pm to 10:00pm at Holy Family Catholic Church and is open to the public. Tickets are \$30 and include food, drink and lots of fun gaming. There will be prizes, silent auction items and music by Lisa Woods.

To reserve tickets please call 778-0600 x200. Non-gaming tickets are also available. For additional information please call Jeanne 403-1531.



NATIONAL EFFORT TO MAP ACCESSIBILITY

YOU CAN HELP MAP ACCESSIBILITY IN OUR AREA!

Put NC on the map! <https://www.brettapproved.com>

INCREDIBLE YEARS PARENTING SERIES 2015

FOR PARENTS OF CHILDREN AGES 3 TO 6 YEARS OLD. Attend a parenting series designed to strengthen your parenting skills, and promote social, emotional and academic competence in your children. Classes are free and dinner will be provided. Free child care provided.

MEETING TIMES: Every Thursday! Dinner: 5:30-6:00pm Class: 6:00-8:00pm

DATES: October 1st, 2015 – January 21st, 2016

Classes will not be taking place on November 26th, December 24th or December 31st. Please Note: Classes may change due to weather.

LOCATION: MudPies Downtown East at 251 East Seventh St., Winston-Salem, NC 27101

Contact Jasmine Getrouw-Moore (336-703-3194) to register.

SALVATION ARMY CHRISTMAS ASSISTANCE

The Salvation Army will be taking applications for Christmas assistance on

Oct 12-16 9AM-6PM and Oct 17 9AM-1PM (only) at The Salvation Army Christmas Center

680 Peters Creek Parkway, WS NC 27103 [click here for required documentation](#).



BREAKFAST WITH SANTA

SAVE THE DATE! Details to come.

Saturday, December 5, 2015

NEW 2015 LOCATION - Clemmons Presbyterian Church

Reservations will be taken starting Nov 1st

FSN will be collecting donations of stocking stuffers for Breakfast with Santa. This can be any small prizes (i.e. stickers, tattoos, individually wrapped candies). We will also be collecting peppermint candy canes and juice boxes.

AUTISM SOCIETY OF NC WORKSHOP

AUTISM AND OTHER DEVELOPMENTAL DISABILITIES: HOW FAITH COMMUNITIES CAN HELP

Autism affects 1 in 58 children in North Carolina. How does your church minister to these families? This FREE workshop is open to clergy, church leaders, church members, and families of children with autism and other special needs.

- Learn about the early signs and characteristics of autism.
- Understand the challenges that families face.
- Connect to local resources for help.
- Learn how faith communities can welcome and support these families.

Saturday, October 24, 9:30am - 3:30pm

Goler Family Enrichment Center
620 N Patterson Avenue
Winston-Salem, NC 27101

Registration, coffee, and exhibits open at 9:00 am.
Lunch will be provided. Childcare is not available.
Registration is required:

<http://bit.ly/ASNCcalendar>

For more information contact:

Kim Tizzard, Associate Resource Specialist
Director/Education Coordinator
ktizzard@autismsociety-nc.org
919-865-2269

www.autismsociety-nc.org



Be sure to “like” **The Centers for Exceptional Children** on Facebook. FSN regularly posts information and updates.



FSN COMMUNITY CORNER

Items to give away:

- (6) packs of vanilla pediasure
- blue pair of new baby miraflex eyeglass frames
- weighted blanket
- 1 case of Peptamen Junior
- Diapers 35+ lbs

Looking for these items:

- Two (2) dressers

If you have something you would like to give to another family or if you are looking for an item, please let us know and we will be happy to share it in our newsletter. Please call 703-4289 for more info or email Chris at ChrisFSN@theCFEC.org.

GOOD READS

[Building Emotional Intelligence: What to Say to Children When They Are Anxious](#)

[4 Tips for When Children with Autism ‘Shut Down’](#)

NEW BOOKS ADDED TO THE FSN LENDING LIBRARY

- Sensational Kids
- Raising a Sensory Smart Child

For more information on any of these events please call **The Family Support Network of Greater Forsyth** at (336) 703-4289 or check out our website at www.fsngreaterforsyth.com

To receive this monthly newsletter by e-mail, send your request to ChrisFSN@theCFEC.org and put “FSN news list” in the subject line.

Please include your full name in the e-mail body.

If you wish to unsubscribe at any time put **REMOVE** in the subject line.