

FAMILY SUPPORT NETWORK OF GREATER FORSYTH

September 2015



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ABOUT FSN

The Family Support Network believes that the greatest asset that a child with special needs can have is a strong support system. We strive to strengthen families and to enhance the lives of children with special needs by providing support, education, and caring connections to their families. Our staff are uniquely qualified to help other families, many of them being parents of children with special needs themselves.

FSN LOCAL COLLABORATION TEAM

Our 2015 focus is on **Healthy Living for Individuals with Disabilities and Their Families**. Our group is a community collaborative of agencies, churches and individuals interested in supporting families who have a member with a disability of any age and we welcome guests. Our next meeting will be held **Thursday, September 10th, 3:30-5:00** at The Children's Center, 2315 Coliseum Drive, WS, NC 27106. Questions - 336-703-4289 or ChrisFSN@theCFEC.org.

EXCEPTIONAL FAMILIES MEETING

An Evening with Dr. Kurt Klinepeter, Developmental Pediatrician

September 24th, 6:00 p.m. - 7:30 p.m.

Little Creek Recreation Center - 610 Foxcroft Dr., WS, NC 27103

Exceptional Families is a monthly discussion group for parents of children of all ages with special needs. Dinner and childcare provided at no cost with RSVP. Dinner will be available at 5:30. Please call 336-703-4289 to register or email ChrisFSN@theCFEC.org.

The Family Support Network of Greater Forsyth is an outreach program of The Centers for Exceptional Children. Our offices are located in The Special Children's School
4505 Shattalon Dr., WS, NC 27106 | 336-703-4289



Sibshops is a support group for kids ages 5 (by the start of school) to 14 who have siblings with special needs.

You are a Work in Progress! Bring a baby picture to Sibshops!

WHEN: Friday September 11, 2015 6:00-8:30 PM

LOCATION: The Children's Center
2315 Coliseum Dr. Winston-Salem 27106
Intersection of Reynolda Rd. and Coliseum Dr.

There is no charge to attend, but registration is required. We have a limited number of spaces so RSVP soon! Contact the Family Support Network office at 336-703-4289 or email JODIFSN@theCFEC.org.



THE WINSTON-SALEM ADAPTED ARTS AND SPORTS PROGRAM (W.A.A.S.P) AT WAKE FOREST UNIVERSITY INVITES YOU TO COME JOIN US FOR SOME FUN!

WAASP is a student-run program at Wake Forest University for children of all ages with physical and/or cognitive disability. We encourage the development of gross and fine motor skills through creative and fun interactions. During each session, children play sports and games or create arts and crafts projects. Friends and parents are welcome too! And it is **FREE** for everyone! **Where:** 1834 Wake Forest Road, WFU Campus, Reynolds Gym, WS, NC 27109. **When:** Sundays, September 13th and 27th, October 11th and 25th.

For more information, please contact Xiang Li at (717) 6498320 or email: lix213@wfu.edu or visit our website at <http://wfuwaasp.webs.com/>

RIDING FOR PREEMIES LED BY CHARIOTS OF FIRE MOTORCYCLE MINISTRY

All proceeds go directly to support/help parents of babies in the NICU
September 13, 2015

Registration: 1pm -2pm

Kickstands up: 2:15 pm, ride starts at Firehouse Ministries

840 Fowler Road, Mt. Airy, NC 27030

Ride ends at Stagebrush Steakhouse

Meal Provided, 50/50 Drawing, Single: \$20 Doubles: \$25

Car with Two: \$25, \$5 extra (each person) for more than two

336-789-4929 www.firehouseministries.org



PDSSN Buddy Walk, 5K Race and Family Fun Day!

Saturday, September 19, 2015

5K Race 8:30am & Buddy Walk 9:00am-12:30pm

West Forsyth High School

1735 Lewisville-Clemmons Road, Clemmons, NC

Families and Friends Celebrate the Many Abilities of Individuals with Down Syndrome

Visit PDSSN.org for Registration and Information

REDUCING PROBLEM BEHAVIORS – ABC OF NC

Join us **September 10th from 6-8pm** for a **FREE** class on **Reducing Problem Behaviors**, led by Selene Johnson, Executive Director of ABC of NC. Topics include: functional behavior assessment and analysis; terminology for understanding behavior; consistency and follow-through; increasing appropriate behaviors and decreasing inappropriate behaviors; and dealing with self-stimulatory behaviors and sensory issues. A can't miss for parents and professionals! ABC of NC is located at 3904 Old Vineyard Road, WS, NC 27104.

Email [Leigh Ellen Spencer](mailto:Leigh.Ellen.Spencer@abcnc.org) or call ABC of NC at (336) 251-1180 ext. 120 to register for this class. You must register at least one week in advance.



**FREE Triple P
Online Parenting Program**

**A great positive parenting
program available to families at
no cost!**

[**Triple P Online**](#)

READY, SET, FUN: SAVE THE DATE FOR FUNDAY 2015!



FUNday is a free, NC Council award-winning event that seeks to break down barriers related to Mental Health, Developmental Disabilities and Substance Abuse Services by inviting people in our communities to come together and focus on one thing: FUN! This year's event includes inflatables, music, community vendors, balloons, face painting, games and so much more! Join the festivities on **Friday, September 25** from 10:00 a.m. to 2:00 p.m. at Central Park in King, NC.

YOUNG LIFE CAPERNAUM CLUB STARTS THIS MONTH!

Official 2015-2016 Club Kick Off Meeting at YMCA

Saturday, September 26 - 4:00-5:30 (3474 Robinhood Rd. 27106)

This is a specially designed Young Life program for young adults (ages 14-22) with disabilities. This program uses a reverse inclusion model so lots of our typical teen friends come too! Everyone is welcome! Please email gfcylcapernaum@gmail.com or call **Greater Forsyth County Young Life** office at 336.725.1750 if you have questions. For more information click [HERE](#). **Additional dates for 2015 are 10/17, 11/21, and 12/19.**



THE CENTERS FOR EXCEPTIONAL CHILDREN PRESENTS: BOWTIES, BOOTS & BLUEGRASS!

Mark your calendars now for a fun-filled evening of dinner, drinks, live music by Rain Check, silent auction and live auction with Matt Britt! Register and pay online by October 1, 2015 at <http://cfecbbb.eventbrite.com>.

Thursday, October 15, 2015, WinMock at Kinderton

168 East Kinderton Way, Bermuda Run, NC 27006

6:30 p.m. – 10:00 p.m



AUTISM SOCIETY OF NC WORKSHOP: HOW FAITH COMMUNITIES CAN HELP

Autism affects 1 in 58 children in North Carolina. How does your church minister to these families? This FREE workshop is open to clergy, church leaders, church members, and families of children with autism and other special needs.

- Learn about the early signs and characteristics of autism.
- Understand the challenges that families face.
- Connect to local resources for help.
- Learn how faith communities can welcome and support these families.

Saturday, October 24, 9:30am - 3:30pm
Goler Family Enrichment Center
620 N Patterson Avenue
Winston-Salem, NC 27101

Registration, coffee, and exhibits open at 9:00 am.
Lunch will be provided. Childcare is not available.
Registration is required:
<http://bit.ly/ASNCcalendar>

For more information contact:
Kim Tizzard, Associate Resource Specialist
Director/Education Coordinator
ktizzard@autismsociety-nc.org
919-865-2269

www.autismsociety-nc.org



Be sure to “like” **The Centers for Exceptional Children** on Facebook. FSN regularly posts information and updates.



FSN COMMUNITY CORNER

Items to give away:

- Elecare formula for infants or Elecare Jr. unflavored for ages 1 and up
- Gecko pediatric stander size 2 for child between 41" tall and 56" tall
- Diapers for large/x large child and adult small
- Older lift that was used for a small adult

If you have something you would like to give to another family or if you are looking for an item, please let us know and we will be happy to share it in our newsletter. Please call 703-4289 for more info or email Chris at ChrisFSN@theCFEC.org.

GOOD READS FOR BACK TO SCHOOL

[Twelve steps to Smarter School Accommodations](#)

[ADHD at School: school accommodations, homework help, organizational tips, and more](#)



Harris Teeter on Reynolda Rd. just added this cart for bigger kids!

For more information on any of these events please call **The Family Support Network of Greater Forsyth** at (336) 703-4289 or check out our website at www.fsngreaterforsyth.com

To receive this monthly newsletter by e-mail, send your request to ChrisFSN@theCFEC.org and put “FSN news list” in the subject line. Please include your full name in the e-mail body. If you wish to unsubscribe at any time put **REMOVE** in the subject line.